

ADULT DAY CARE

Alzheimer Association-Area Chapter

Phone: 1-800-272-3900

24-hour information line.

Elizabeth and Tab Williams Adult Day Center

231 Melrose Street, Winston-Salem NC

Phone: (336) 724-2155

Life Center of Davidson County

601 W. Center St., Lexington, NC 27292

Phone: (336) 249-2155

Piedmont Triad Regional Council

Phone: 294-4950

Triad Adult Day Care Center

409-A East Fairfield Rd, Suites A&B, High Point, NC 27263

Phone: (336) 431-1537

Emanuel Senior Enrichment Center

1401 Heathcliff Road, High Point

Phone: (336) 882-6613

Provides: daytime care & activities for frail elderly; respite for caregiver.

Western Carolina Chapter

Phone: 1-800-888-6671

AIDS / HIV

AIDS Care Service (ACS)

965 Northwest Blvd., Winston-Salem, NC

Phone: (336) 777-0116

HIV/AIDS Treatment Information Service

www.aidsinfo.nih.gov

Phone: 1-800-448-0440

Positive Wellness Alliance

400 E. Center St., Lexington, NC

Phone: (336) 248-4646

National Hotline

Phone: 1-800-342-2437

Triad Health Project

620 English St., High Point, NC

Phone: (336) 884-4116

National STD/AIDS Hotline

Phone: 1-800-227-8922

ALCOHOLISM

Alcoholics Anonymous, Al-Anon

Phone: (336) 249-6636

Alcohol / Drug Council of NC:

Phone: 1-800-688-4232

Hours M-F 8am-6pm, answering service after hours

Information and Referral Services for NC.

Cardinal Innovations

Phone: 1-800-939-5911

Daymark

Phone: (336) 242-2450; 474-2700

Path of Hope Inc.

1675 E. Center St. Ext. (PO Box 1824) Lexington, NC 27292

Phone(s): (336) 248-8914 or (336) 249-7561

Inpatient treatment for male & female substance abusers.

Lexington Treatment Associates

310 Murphy Drive, Lexington, NC 27295

Phone: (336) 224-1919

AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)

AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)

www.aarp.org

Phone: 1-800-687-2277

1-877-342-2277-Spanish

1-877-434-7598-TTY

A non-profit organization that serves those over 50 whether retired, semi-retired, or employed by providing representation, education, community service programs and direct member benefits.

THE ARC OF DAVIDSON COUNTY

1900 S. Main Street, Lexington, NC 27292

Phone: (336) 248-2842

Non-Profit 24-hour residential supervised services to Adults with Developmental Disabilities.

Inclusive Summer day camp and afterschool programs. Advocacy information and referral for services.

CANCER

American Cancer Society

4-A Oak Branch Drive, Greensboro, NC

Phone(s): (336) 834-0844; 1-800-227-2345

Lexington (336) 249-8824

Information, Education, Volunteer Opportunities; Services, Donations and Memorials.

Cancer Information Service - Duke

Comprehensive Cancer Center

Phone: 1-800-422-6237

Cancer Services of Davidson County

25 W. 6th Ave., Lexington, NC 27292.

Phone: (336) 249-7265

Help with financial assistance for cancer medications, supplies, equipment & nutritional support, support groups, & transportation.

CARELINE

DHHS Customer Service Center

Phone: 1-800-662-7030

Hours: M-F 8am-5pm

Information, referrals, or complaints in regards to health and human resources Information and Referral Services.

CHILDREN'S SERVICES

21st Century-Thomasville Middle School

400 Unity Street, Thomasville, NC 27360

Phone: (336) 474-4120

Provides before and after school enrichment activities that include tutoring, assistance with homework, employment skills and career research.

Autism Services

"A bridge to learning"

Hwy 64, Lexington, NC

Phone: (336) 249-0146

Boys and Girls Club of Lexington

314 W 9th Ave., Lexington, NC 27292

Phone: (336) 249-0336

Boys and Girls Club of Thomasville

10 Pine Street, Thomasville, NC 27361-0502

Phone: (336) 472-7800

Office Hours: M-F 9am-5pm

Offers prevention oriented programs for needy youth after school, evenings and during the summer, including tutoring, character building, education, drug prevention, family life skills and education.

Child Protective Services-Social Services

Phone: (336) 242-2500 Lexington, (336) 474-2760 Thomasville

Children's Developmental Services Agency (CDSA):

Phone: (336) 744-2410

Coordinating agency for Early Intervention Services. Children are evaluated by a team of experienced child development specialists, to determine eligibility for the Infant-Toddler Program (ITP). The CDSA also houses the KIDS EAT program for children with feeding disorders.

Children with Special Health Care Needs

Helpline

DHHS Office; 1904 Mail Service Center, Raleigh, NC 27699-1904

Phone: 1-800-737-3028

Hours: M-F 8am-4:30pm

For children with disabilities. Information and referral.

Comp Rehab Plaza

131 Miller Street, Winston-Salem, NC 27103

Phone: (336) 716-8200

Communities in Schools of Lexington/Davidson County

6-B East 4th Street

Lexington, NC 27292

Phone: (336) 242-1520

Office Hours: M-F 8:30am-5pm

Communities in Schools of Thomasville

400 Turner Street

Thomasville, NC 27360

Phone: (336) 474-4233

Office Hours: M-F 8am-5pm

Links at-risk students with mentors and assists in bringing resources into the schools (including school supplies, clothing, and medical referrals). Provides college, career and scholarship counseling for high school students.

Davidson County Child Support Enforcement Unit

Lexington Office: 913 Greensboro St. Lexington, NC 27293

Phone: (336) 242-2500

Thomasville Office: 211 West Colonial Drive Thomasville, NC 27360

Phone: (336) 474-2760

Assist in obtaining court-ordered child support payments from an absent parent.

Family Health Resource Line

Phone: 1-800-367-2229

Smart Start of Davidson County

306 E. US Hwy 64, Lexington, NC 27292

Phone: (336) 249-0216

Fetal Alcohol & Drug Prevention Program

NC Teratogen Information Service and Fetal Alcohol Prevention Program

Bowman Grey School of Medicine, Winston-Salem 27157-1081

Phone: (336) 748-3960

www.ncpregnancy.org

Phone: 1-888-810-2800

Evaluation & follow-up; counseling, information & referral.

Gateway Education Center

3205 E. Wendover Ave, Greensboro, NC

Phone: (336) 375-2575

Services help children, their families and service providers select and use the appropriate tools based on a child's individual needs. This center can provide consultation and technical assistance to families and programs, equipment loans and

demonstration, resource library and training workshops

Head Start

13 Talbert Blvd Lexington, NC 27292

Phone: (336) 249-4034

406 Duke St, Thomasville NC 27360

Phone: (336) 475-4700

Child development program, ages 6 weeks to 4 years.

Juvenile Service Division

15 E 2nd Ave. Lexington NC 27292.

Phone: (336) 249-2197

Information & referral; file juvenile petitions, court counselors.

Residential & services for children/families experiencing family breakdown:

American Children's Home - 3844 NC Hwy 8, Lexington, NC 27292 Administrative Office:

Phone: (336) 357-7126

Outlet Store: 103 East Center Street, Lexington, NC 27292

Phone(s): (336)249-2260

Baptist Children's Home of NC, Inc.

201 Idol St., Thomasville, NC 27360

Phone: 336-474-1200

School Readiness-Parents as Teachers

Phone: (336) 472-4666

Provides timely information on child development. It involves parents in parent-child activities that encourage language development, intellectual growth, social development and motor skill development.

CLERK OF SUPERIOR COURT

110 W Center Street

Lexington, NC 27293-1064

Phone: (336) 242-6701

Office Hours: M-F 8am-5pm

All matters pertaining to the court system; civil (249-3849), criminal (249-0351), estates (224-2148), juvenile, passports, fines, court costs, alimony and support (224-2150), special proceedings, jury, mental commitments, court dates, small claims and records of such.

Service Area: Davidson County

COMMODITY DISTRIBUTORS

Cooperative Community Ministries:

10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Crisis Ministries:

112 E. First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Fairgrove Family Resource Center:

159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

His Father's Storehouse

Phone: (336) 475-4357

His Laboring Few Ministries

812 Martin Luther King Dr., Thomasville, NC 27360

Phone: (336) 475-2455

Provides furniture and clothing

North Lexington Baptist Church:

Phone: (336)248-6285-ask for Information & Referral. Homebound only.

The Pastors' Pantry:

307 N. State Street

Phone: (336)249-8824

Provides assistance with food for Seniors, Seriously ill, or Disabled Adults.

Salvation Army

314 West Ninth Avenue Lexington, NC 27292

Phone: (336) 249-0336

10 Pine Street Thomasville, NC 27360

Phone: (336) 472-7800

South Davidson Family Resource Center

338 West Salisbury Street, Denton, NC 27239

Phone(s): (336) 859-5399, Fax: (336)859-3093; or 701 Watson Circle, Thomasville, NC 27360

Phone: (336)474-1200

The Upper Room Food Pantry

10545 NC Hwy 8, Suite D, Lexington, NC 27292

Monday and Wednesday 8:30 – 12:00

Phone: (336) 798-7777

West Davidson Food Pantry

4600 Old Hwy 64, West-Reeds Crossroads

Phone: (336) 787-4357

COMMUNITY ACTION

911 South Talbert Blvd.

Lexington, NC 27292

Phone: (336) 249-0234

Office Hours: M-F, 8am-5pm

Provides a comprehensive service to certain low and moderate income persons who desire to become self-sufficient. Also provides housing counseling and a food pantry.

CONSUMER INFORMATION

Better Business Bureau

www.bbb.org

Phone: (703) 276-0110

Better Business Bureau of Northwest NC

<http://nwnc.bbb.org>

500 W. Fifth Street, Winston-Salem, NC

Phone(s): (336) 725-8346; 1-800-777-8348

Chamber of Commerce

Phone(s): Denton (336) 859-5922; Thomasville

(336) 475-6134; Lexington (336) 248-5929;

Promote the Community.

Charities:

NC Solicitations Licensing Board

www.csl@sosnc.com

Phone(s): (919) 733-4510; 1-888-830-4989

Philanthropic Advisory Service

www.bbb.org/us/charity

Phone: (703) 276-0100

National Charities Info. Bureau

Phone: (212) 929-6200

To find out if a charity is legitimate.

Consumer Credit Counseling

Phone: (336) 764-2323-Lexington

(336) 769-9562-Thomasville

(336) 773-7010-Winston-Salem

Consumer Credit Counseling Services

8064 North Point Blvd., Winston-Salem, NC

Phone: (336) 896-1191

Consumer Product Safety Commission

www.cpsc.gov

Phone: 1-800-638-2772

Fraud/Scam:

National Fraud Information Center

Phone: 1-800-876-7060

NC State Attorney General & Consumer

Protection Agency

www.ncdoj.gov

Phone: (919) 716-6400

To check out organizations.

COOPERATIVE EXTENSION

301 E. Center St., Lexington, NC 27292

Phone: (336) 242-2080

1450 Fairchild Drive, Winston-Salem, NC 27105

Phone: (336) 661-1069

Educational information - Financial counseling, economics, & agriculture.

COUNSELING AND SUPPORT SERVICES

ACTT Rowan and ACTT Davidson

2710-C South Main Street

Salisbury, NC 28146

Phone: (704) 983-4157

Assertive Community Treatment Team Services to Adults with Severe Mental Illness

Alcoholics Anonymous

Phone: (336) 249-6636

Behavior Resources

417 N. Main St. Suite C1, Salisbury, NC

Phone: (704) 636-9550

Psychological testing & IQ Testing

Cancer Services of Davidson County

25 W. 6th Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Cardinal Innovations

Phone: 1-800-939-5911 24/7/365

Managing mental health, intellectual/other developmental disabilities and substance use/addiction disorders for children and adults.

Consumer Planning and Support Services

820 Grimes Blvd, Lexington, NC 27292

Phone: (336) 224-6730

Case management services to adults with Mental Health issues, Substance Abuse, or Developmental Disabilities.

Daymark Recovery Services, Inc.

220 East First Avenue Ext, Lexington, NC 27292

Phone: (336) 242-2450

Provides counseling on alcoholism, drug abuse, child abuse and crisis counseling.

Green Center of Growth and Development

16 E. Center St Lexington NC 27292

Phone: (336) 224-2203

25 West Guilford Street, Thomasville, NC 27360

Phone: (336) 472-4459

DWI, Drug and Alcohol Assessments, Marriage and Family counseling, Out-Patient Treatment

High Point Behavioral Health

Phone: 1-800-525-9375

Family Services of Davidson County, Inc.

1303 Greensboro Street Ext. Lexington, NC 27292

Phone(s): (336) 249-0237-Lexington; (336) 476-0050-Thomasville;

Domestic Violence and Sexual Assault Counseling Center.

Lexington Assessment Center

WFBH Medical Center, Old Salisbury Rd. (PO Box 1817) Lexington, NC 27293

Phone: (336) 248-5161, ext. 578

Psychological & chemical dependency assessments.

Lexington Treatment Associates

310 Murphy Drive, Lexington, NC 27295

Phone: (336) 224-1919

Lifeskills Counseling Center

9 West Third Street, Lexington, NC 27292

Phone: (336) 224-0863

411 Waughtown Street, Suite B, Winston-Salem, NC

Phone: (336) 631-8904

Substance Abuse Assessments and Treatment, Individual Counseling, Anger Management Treatment, Domestic Violence Counseling:

Lifeworks-Behavioral Health Services

612 Mocksville Ave. Salisbury, NC 28144

Phone(s): 1-888-557-6926 or (704) 210-5302

Free confidential assessment/screening & referral, medical detoxification, inpatient chemical dependency services.

Monarch Behavioral Services, Inc

820 Grimes Blvd., Lexington, NC 27292

Phone(s): (336) 224-6071 or new patients (866) 272-7826

Provides support and services to people with developmental disabilities, mental illness, substance abuse and co-occurring disabilities.

Thomas Medical Center Geriatric Behavioral Health

207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 476-2446

CRISIS ASSISTANCE

American Red Cross

815 Phillips Ave, High Point NC 27262
Lexington, Thomasville, Archdale, Trinity and High Point areas.

Phone(s): (336) 248-2205 (336) 885-9121

Hotline Phone(s): (336) 248-5580

Provides assistance to individuals in emergency disaster/fire situations & reaching military personnel in case of emergency

Cooperative Community Ministry

10 W. Guilford Street, Thomasville, NC 27360

Phone: (336)476-1842

Office Hours: Monday & Wednesday 9am-12pm; Friday 9am-2pm.

Thomasville area; food bank, referral.

Crisis Ministry of Davidson County –

Office Address: 112 E 1st Ave. **Mailing**

Address: 107 E 1st Ave Lexington, NC 27292

Phone(s): (336) 248-6684

Department of Social Services

913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2500

211 Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2760

Family Resource Centers (FRC) - Food bank, referral, counseling:

Fairgrove FRC

159 Myrtle Drive, Thomasville, NC 27260

Phone: (336) 472-7217

Intensive family services, clothes closet, GED, limited transportation, parents as teachers program, & family empowerment.

South Davidson FRC - (Smart Start)

338 West Salisbury St. Denton, NC 27239

Phone(s): (336) 859-5399

911

Provides ambulance service for Davidson County. Also provides information about emergency preparedness for natural and other disasters.

Salvation Army

314 W. Ninth Ave., Lexington, NC 27292

Phone: (336)249-0336

10 Pine Street Thomasville, NC 27360

Phone: (336) 472-7800

Office Hours: Mon-Fri 9am- 4:30pm

Social Service Hours: Mon-Fri 9am-4pm

Soup Kitchen and Thrift Store

524 South Main Street, Lexington, NC 27292

Phone: (336) 249-4458

Boys/Girls Club –Lexington

Phone: (336) 249-0336

Boys/Girls Club-Thomasville

Phone: (336) 472-7800

Thrift Store

13 Cloniger Street Thomasville, NC 27360

Phone: (336)476-5364

Provides assistance with payment of rent, utilities, medicines, & food. Clothing voucher, Summer Camp for Children.

DAVIDSON COUNTY 4-H PROGRAM

301 East Center Street, Lexington, NC 27292

Phone: (336) 242-2085

Office Hours: M-F 8am-5pm

Eligibility: Youth ages 5-19.

A non-formal educational program offered to help children develop living skills necessary to participate as active citizens. Utilizes research based curriculum and attitudes. Programs are offered through in-school classes and out-of-school settings as well.

DAVIDSON COUNTY ANIMAL SHELTER

490 Glendale Road, Lexington, NC 27292

Phone: (336) 357-0805

Office Hours: M-F 10am-5pm

Stray animal pick up, and available for adoption.

Fees: Adoptions: \$95 for dogs and \$75 for cats.

Animal Control

Phone: (336) 249-0131

Human Society

Phone: (336) 248-2706

DAVIDSON COUNTY COMMUNITY COLLEGE

297 DCCC Road

Lexington, NC 27295

Phone: (336) 249-8186, Davie Campus (336)

751-2885, Davie Education Center-Advance

(336) 998-3220, Uptown Lexington Education Center-209 1st Street- (336) 238-

0969, Thomasville Education Center-305

Randolph Street- (336) 476-7891

Office Hours: M-Tu, 8am-7pm; W-F, 8am-5pm

Davidson County Community College is a comprehensive provider of workforce education and training for individuals and employers in the county. Opportunities include classes to improve basic literary skills, provide job skills and knowledge, lead to associate degrees, diplomas and certificates in a wide variety of program areas, and prepare for transfer to senior colleges and universities. In addition to a wide variety of courses, workshops, seminars, and programs which are scheduled each term in response to community needs, the college provides custom-design job training programs to meet specific needs of employers. Support services such as counseling, career planning, child care, financial aid, job placements, testing, tutoring and veterans to assist students.

Adult Basic Education (ABE) Classes

Phone: (336) 224-4571

Office Hours: M-Tu, 8am-7pm; W-F, 8am-5pm

Adult Basic Education (ABE) is designed to instruct adults of all ages who did not complete their education through the public schools.

Eligibility: Adults age 18 and older who did not complete their education through the public schools

English as a Second Language (ESL)

Phone: (336) 224-4573

Fees: None.

Eligibility: Adults age 18 and older and whose native language is not English.

General Education Development (GED)

Phone: (336) 2244571

Fees: \$25.00 GED testing fee.

Eligibility: Adults age 18 and older and who did not complete their education through public schools.

Intake procedure: Registration through the admissions office.

Real Education Achievements for Life Program (Get Real)

220 E. 1st Street Ext., Lexington, NC

Phone: (336) 242-2217

DAVIDSON MEDICAL MINISTRIES CLINIC/ DAVIDSON HEALTH SERVICES

420 N. Salisbury Street

Lexington, NC 27292

Phone (336) 243-7475; Fax: (336) 249-6771

Agency Type: Public Non-Profit

Office Hours: Monday & Thursday / 9am-9pm

Tuesday & Wednesday 9am-5pm

Thomasville Clinic

Phone: (336) 476-2800

Office Hours: Call for an appointment Tuesday's at 2pm.

Child Dental Clinic

Phone: (336) 242-2065

Volunteer staffed free medical clinic.

Provides medical and dental care as well as prescription drugs for people who have **NO INSURANCE** at all. Patients are seen on a first come first served basis. Four new patients are admitted per clinic day.

Fees: No fees charged.

Eligibility: Davidson County resident, under 200% federal poverty level for household size, uninsured for medical/dental/prescription service.

Intake procedure: Eligibility appointments made prior to other services. Must provide proof of monthly income and expenses.

DIABETES

American Diabetes Association

Phone: 1-800-343-2383

American Diabetes Association, NC Affiliate –

1300 Baxter Street, Suite 150, Charlotte, NC

Phone: (704) 373-9111

Dialysis Center, Lexington

2318 Old Salisbury Rd., Lexington, NC 27292

Phone: (336) 248-6808

Dialysis Center, Thomasville

10 Laura Lane, Thomasville, NC 27360

Phone: (336) 472-4500

Thomasville Medical Center Diabetes Support Group

207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 476-2880

DOMESTIC VIOLENCE

Family Services of Davidson County, Inc.

1303 Greensboro St. Ext., Lexington, NC 27295

**Phone: (336) 249-0237, (336) 476-0050,
crisis line (336) 243-1934**

Family Service of the Piedmont, Inc.

1401 Long St, High Point NC 27260

Phone: (336) 889-6161

Family Services Inc.

1200 S. Broad Street, Winston-Salem NC 27103

Phone: (336) 722-8173

Shelter & counseling for victims of abuse. 24-hour crisis line, information & referral, court advocacy, & education.

EMPLOYMENT

Community Action

911 S. Talbert Blvd, Lexington, NC 27292

Phone: (336) 249-0234

Hours: Monday-Friday 8:00-5:00

DavidsonWorks

555-A W. Center Street Ext., Lexington, NC 27293

Phone: (336) 242-2065

211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-3116

Assessment for employment, case management, scholarship programs for vocational, technical or occupational programs and GED.

Department of Social Services - Workfirst

913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2500

211 Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2760

Employment Security Commission of NC -

103 W. Center St Ext., Lexington NC 27295

Phone: (336) 248-2326

211 W. Colonial Dr. Thomasville, NC 27360.

Phone(s): (336) 472-3116

Goodwill Career Connections

40 E. 1st Avenue Lexington, NC 27292

Phone(s): (336) 236-8020

Employment readiness training. GED classes and Re-entry Program for persons recently released from incarceration. Services are available for any Davidson County resident. No fee for services.

JobLink - Program assists with Assessment of Skills, Job Search Assistance, Resume Preparation, Job Listings, Career Planning and Development, Connection to High School Completion and GED, Occupation Skills Training for a Specific Career, Literacy Skills, and Unemployment Claims. Three locations

Davidson County JobLink Information Site – DavidsonWorks

555-A W. Center Street Ext., Lexington, NC

Phone: (336) 242-2065

Thomasville JobLink Career Center -

211 W. Colonial Dr, Suite 119, Thomasville, NC 27360

Phone: (336) 474-2655

Assessment for employment, case management, scholarship programs for vocational & technical or occupational programs and GED.

Vocational Rehabilitation

414 Piedmont Dr. Lexington, NC 27292

Phone: (336) 249-0241

EMERGENCY NUMBERS

Non-Emergency

Davidson County Ambulance

**Phone: (336) 249-0131-Lexington
(336) 474-2742-Thomasville
(336) 859-2166-Denton**

Davidson County Sheriff

**Phone: (336) 242-2100-Lexington
(336) 474-2745-Thomasville
(336) 242-2100-Denton**

Denton Fire Department

Phone: (336) 859-2221

Denton Police Department

Phone: (336) 859-2164

Lexington Fire Department

Phone: (336) 248-3935

Lexington Police Department

Phone: (336) 243-3300

Thomasville Fire Department

Phone: (336) 475-5524

Thomasville Police Department

Phone: (336) 475-7755

State Highway Patrol
Phone: (336) 249-0247
Carolinas Poison Center
Phone: 1-800- 222-1222

EYE

Carolina Eye Association

Phone: 1-800-672-9503

Community Low Vision Center

7730 North Point Dr., Winston-Salem, NC

Phone: (336) 245-5672

Free comprehensive low vision exams and evaluations as well as optical aids for all NC students with low vision.

Lion's Club

Eye exam, prescription glasses, or eye surgery for Club approved individuals. Call Services for the Blind for referral. (336) 242-2544.

National Center for Sight

Phone: 1- 800-221-3004

NC Division of Services for the Blind

Phone: 1-800-422-0373

Services for the Blind-Lexington

Phone(s): (336) 242-2544

HABITAT FOR HUMANITY

Lexington Habitat for Humanity

4-E 3rd Ave, Lexington, NC 27293

Phone: (336) 249-4307

Thomasville Habitat for Humanity

Phone: (336) 476-7900

Home ownership opportunities for lower income families.

HEALTH DEPARTMENT

915 N.Greensboro Street

Lexington, NC 27292

Phone: (336) 242-2300-Main

(336) 242-2510-Appointments

Office Hours: M-F, 8am-5pm

Adult Health / health promotion program; child health programs; communicable disease control program; daycare inspection and regulations; family planning program; food, lodging and institutional sanitation program; health education program; immunization program to children and adults; inspection program - residential care; manufactured home parks and travel trailer parks program; prenatal program; public swimming pool program; rabies control program; school health

program; sexually transmitted disease program; sickle cell program; solid waste program; support services for sudden infant death syndrome; tuberculosis program; vital statistics program; water supply program; WIC program.

Fees: Fees are determined by the services provided.

Eligibility: Some services are provided based on individual/family income.

HEARING

Communication Services for the Deaf and Hard of Hearing

Phone(s): Voice-(336) 275-8878; TTY- (336)274-1461

Relay North Carolina

www.relaync.com

Phone(s): Voice- 1-877-735-8200; TTY-1-800-735-2962; Spanish-1-877-825-2448

Telephone communication service for deaf & hard of hearing.

Services for the Deaf & Hard of Hearing of Davidson County

8 Franklin Street, Lexington, NC 27292

Phone: (336) 224-0116; TTY (336) 224-5048; (336) 899-7059

Help to get hearing aids, sign language, job counseling, interpreters, TTY, fax machine.

Telecommunications Relay Service

Phone(s): Voice 1-800-735-8262; TTY-1-800-735-2962

TTY Directory Assistance

Phone: 1-800-855-1155

Thomasville Habitat for Humanity

PO Box 1072 Thomasville, NC 27391

Phone: (336) 476-7900

HOME HEALTH AGENCIES

HOME HEALTH AGENCIES -Provide nursing, home health aides, social work, personal care services, and therapy.

Alpha Healthcare of the Carolinas, Inc.

300 E. Center Street, Lexington, NC

Phone: (336) 224-2600

Arcadia Health Care

1033 Randolph Street, Thomasville, NC

Phone: (336) 474-1590

Non-medical home care service that provides temporary or long-term help with household duties. Services include light housecleaning,

laundry, meal preparation, shopping, local transportation, pharmaceutical and medical services and daily phone calls. Respite services are also available.

Adaptables, Inc.

3908 Westpoint Blvd., Winston-Salem, NC

Phone: (336) 767-7060

Advanced Home Care

Phone(s): 1-800-868-8822 or (336) 883-8822

(High Point)

Alpha Healthcare of the Carolinas, Inc.

21 W. Second St., Lexington, NC

Phone: (336) 224-2600

Amedisys Home Health

524 Turner Street, Thomasville, NC

Phone: (336) 472-4449

American Health & Home Care

3750 Admiral Drive, High Point, NC

Phone: (336) 889-9900

Apria Health Care

Phone(s): 1-800-766-1111 or (336) 632-9556

Bayada Nurses

200 S. State Street, Lexington, NC

Phone: (336) 236-1000

Care Connection

Phone: (336) 889-8446

Care South Home Care Professionals

725 W. Center Street, Lexington, NC

Phone: (336) 249-7813

Comfort Keepers

512 Klumac Road, Salisbury, NC 28146

Phone: (704) 630-0370

Non-medical in-home care licensed provider of CAP & PCS services.

Home Health Professionals

1594 Old US Hwy 52

Phone: (336) 249-0382

Home Health Specialists

Phone: (336) 896-0035

House calls

Phone: 1-800-533-5270

Liberty Home Care & Hospice

1007 Lexington Ave., Thomasville, NC

Phone: (336) 472-1080

Medi Home Care

100 E. 9th Ave., Lexington, NC

Phone: (336) 248-8220

Nursefinders of Winston-Salem, Inc.

Phone: (336) 794-4013

Piedmont Christian Center

Phone: (336) 883-6023

Piedmont Home Care

Phone: (336) 248-8212

Superior Home Care Inc.

101 W. Center Street, Lexington

Phone: (336) 237-1505

HOMELESS SHELTERS

Davidson County

Crisis Ministries Adult and Family Shelter

Office Address: 112 E 1st Ave Lexington, NC 27292

Mailing Address: 107 E. 1st Ave. Lexington, NC 27292

Phone: (336) 248-5930 or (336) 248-6684

AM & PM meals only

Shepherd's Inn Homeless Shelter

310 Hinkle Street, Thomasville, NC27360

Phone: (336) 240-3996

Greensboro

Weaver House

305 E Lee St. Greensboro, NC.

Phone: (336)271-5975

Noon meals; singles only

High Point

Open Door Ministries of High Point, Inc.

400 N Centennial St. High Point, NC 27262

Phone: (336) 885-0191

Males only, PM meal, 2-week limit on stay.

Salvation Army Shelter

301 W. Green Dr. High Point, NC

Phone: (336)881-5400

Meals, day care; no single men.

Winston-Salem

Rescue Mission

717 Oak St. Winston Salem NC 27101

Phone: (336)723-1848

3 meals, men only.

Salvation Army

1255 N Trade St. Winston-Salem NC 17102

Phone: (336) 761-0143

Food and clothing. Forsyth residents only. No single men.

Samaritan Ministries

1243 N. Patterson Ave, Winston-Salem, NC

Phone: (336)748-1962

HOME IMPROVEMENT AND REPAIR

Lexington Housing Community Development Corporation (LHCD)

www.lexingtoncdc.com

16 E. Center Street, Lexington, NC 27292

Phone: (336) 236-1675 or Fax: (336) 236-9408

Provides home repair programs for elderly and/or disabled homeowners.

Regional Consolidated Services

521-C E. Center St. Lexington, NC 27292

Phone: (336) 249-2016

Weatherization of seniors' homes and heating appliance repair & replacement program. Names will be put on a waiting list.

HOSPICE

Hospice of Davidson County

www.hospiceofdavidson.org

200 Hospice Way, Lexington, NC 27292

Phone(s): (336) 475-5444, 1-800-768-4677

Hinkle Hospice House

200 Hospice Way, Lexington, NC 27292

Phone(s): (336) 475-5444, 1-800-768-4677

Hospice of the Piedmont

www.hospice-careconnection.org

1801 Westchester Dr. High Point, NC 27262

Phone(s): (336) 889-8446

Hospice and Palliative Care Center

101 Hospice Lane, Winston-Salem, NC 27103

Phone: (336) 768-3972

Provides care, equipment, funding, and assistance to terminally ill patients and their families.

Liberty Home Care & Hospice Services

1007 Lexington Ave., Thomasville, NC 27360

Phone: (336) 472-1080

HOSPITALS

Forsyth Medical Center

3333 Silas Creek Parkway, Winston-Salem, NC 27103

Phone: (336) 718-2000

High Point Behavioral Health

601 N. Elm St. High Point 27262

Phone(s): (336) 878-6098

High Point Regional and Health System

601 N. Elm St., High Point, NC 27262

Phone: (336) 878-6000

MED ZONE

Phone: (336) 472-2273

Moses Cone Hospital and Cone Health

1200 N. Elm St., Greensboro, NC 27401

Phone: (336) 832-7000

Randolph Hospital

364 White Oak Drive, Asheboro, NC

Phone: (336) 625-5151

Rowan Regional Medical Center

612 Mocksville Ave., Salisbury, NC 28144

Phone: (704) 210-5000

Novant Health Thomasville Medical Center

207 Old Lexington Rd, Thomasville, NC 27360

Phone: (336) 472-2000

VA Hospital – Salisbury

1601 Brenner Ave., Salisbury, NC 28144

Phone: (704) 638-9000

Wake Forest Baptist Health

www.wakehealth.edu

Medical Boulevard, Winston-Salem, NC 27157

Phone: (336) 716-2011; Geriatric Clinic (336)

713-8917

Wake Forest Baptist Health Lexington Medical Center

250 Hospital Drive, Lexington, NC 27292

Phone: (336) 248-5161

Billing Office

Phone: (336) 238-4760

1303 Greensboro Street Ext. Lexington

HOUSING

Green Hill Apartments

309-D Ninth St., Lexington, NC 27292

Phone: (336) 249-2568

Persons 62 years of age or older

Grimes School Apartments

27 Hege Dr, Lexington, NC 27292

Phone: (336) 248-8775

Housing for elderly (55 or older) or handicapped.

Habitat for Humanity

Phone: Lexington (336) 249-4307; Thomasville

(336) 476-7900

Hilltop Terrace Apartments

111 Carolina Ave., Lexington, NC 27292

Phone: (336) 248-2868

Kidron Korner

500 Swing Dairy Rd., Lexington, NC 27292

Phone: (336) 248-2298

Elderly or mobility impaired physically handicapped.

Lexington Housing Authority

Office: 1 Jamaica Dr. (Eastview Terrace)

Phone(s): (336) 249-8936

Provides public housing for low-income people.

(Section 8) Apartments at: Eastview; Helen Caple;

Southside Village. (Takes applications on

Tuesday's 9:00 to 12:00)

Lexington Housing Community Development Corporation (LHCDC)

www.lexingtoncdc.com

11 West 3rd Street, Lexington, NC 27292

Phone: (336) 236-1675

LHCDC is a non-profit affordable housing agency.

It provides homebuyer education for families in low to moderate-income households, provides

financial assistance for qualified buyers and provides home repair programs for elderly and/or disabled homeowners. LHCDC also develops affordable housing for home ownership.

Mt. Moriah Manor

202 Robert Floyd Dr., Lexington, NC 27292

Phone: (336) 248-4612

Housing for the Elderly.

Thomasville Church Homes

904 Doak Street, Thomasville, NC 27360

Phone: (336) 475-2827

Low-income housing.

Thomasville Housing Authority

Office: 201 James Ave., Thomasville, NC 27360

Phone: (336) 475-6137

Provides public housing for low-income people. (Section 8) Apartments at: Bisch Court, Dedmond Court, James Avenue, and Liberty Arms (elderly) (Takes applications on Tuesday - Thursday's from 8:30 to 11:30 & 1:00 to 4:30)

Tomlinson Hill Apartments

305 Pineywood Rd., Thomasville, NC 27360

Phone: (336)472-7853

Rentals for person 62 years of age or older and low income.

Tuesday and Thursday 8:30am-4:30pm, Friday 12:30pm-4:30pm

INFORMATION & REFERRAL CARELINE

Information & Referral or complaints

Phone: 1-800-662-7030

DIAL -Davidson Information Assistance Line

602 S. Main St., Lexington, NC 27292

Phone: (336) 242-2005

Database of human service agencies. Tel-Med tape library.

Senior Services

Phone(s): (336) 242-2290- Lexington; **(336) 474-2754-**Thomasville;

Social Services

Phone(s): (336) 242-2500- Lexington; **(336) 474-2760** Thomasville;

NC Department of Insurance

Phone: 1- 800-546-5664

Consumer Service. Life & Health, Property & Causality Specialist who assist individuals with insurance companies that are having problems with getting their claims processed.

Seniors' Health Insurance Information Program (SHIIP)

Phone: (336) 243-3232

SHIIP is a division of the NC Department of Insurance that provides free unbiased information

and one-on-one counseling to assist when making decisions regarding the new Medicare Modernization Act. Is housed at Davidson Medical Ministries Clinic.

INSURANCE

Department of Insurance

Phone: (919) 733-7349

Phone: 1- 800-546-5664-Consumer Service

Long-term Care Insurance

Seniors' Health Insurance Information Program (SHIIP)

Phone: (336) 243-3232

LEGAL AID

Phone: (336) 249-7736

Offers free civil legal services to low income people in the area of domestic abuse, employment, landlord problems, debt collection, collection of judgments, and repossession.

Family Services

Phone: (336) 249-0237

LIBRARY

Davidson County Public Libraries

Denton Public Library

310 W. Salisbury Street, Denton, NC 27239

Phone: (336) 859-2215

Lexington Public Library

602 South Main Street, Lexington, NC

Phone: (336) 242-2040

North Davidson Public Library

559 Critcher Road, Welcome, NC 27374

Phone: (336) 242-2050

West Davidson Public Library

246 Tyro School Rd., Lexington, NC

Phone: (336) 853-4800

Thomasville Public Library

14 Randolph Street, Thomasville, NC 27361

Phone: (336) 474-2690

Library services and materials, children and youth programs, copier, meeting facilities, AV equipment. Computer and Internet access provided.

LONG TERM CARE FACILITIES

(Rest Homes/ Homes for the Aged/Adult Care Homes; Family Care Homes/ Group Homes)

Brookstone Rest Home and Retirement Center

2968 Salisbury Rd., Lexington, NC 27292

Phone: (336) 243-2500

Alzheimer Unit

Brookdale of Lexington

161 Young Dr. Lexington, NC 27292; PO Box 1733, Lexington NC 27293

Phone: (336) 238-1700

Alzheimer's Unit

Clare Bridge of Winston-Salem

275 S. Peace Haven Rd., Winston-Salem, NC 27107

Phone: (336) 768-9594

Rest Home for the memory impaired; **DOES NOT TAKE MEDICAID.**

Hilltop Living Center

592 Hilltop Dr., Linwood, NC 27299

Phone: (336) 853-8113

Kateland Family Care Home

294 Old Hwy 109, Lexington, NC 27292

Phone: (336) 472-2745

6 bed home.

Landmark Estates

255 Thomas School Rd., Winston-Salem, NC

Phone: (336) 764-1056

Mallard Ridge/Assisted Living

9420 N Hwy 150, Clemmons NC 27012

Phone: (336) 775-2205

Alzheimer's Unit, 100 Beds, 16 Special Care

The Oaks of Thomasville

915 W. Cooksey Dr., Thomasville, NC 27360

Phone: (336) 472-7171

Westanna Family Care

716 W. 5th Ave., Lexington, NC 27292

Phone: (336) 248-6489

LONG TERM CARE FACILITIES

(Intermediate & Skilled Nursing Facilities)

Abbott's Creek and Rehab

Phone: (336) 248-6644

Alston Brook (Alzheimer's Unit)

4748 Old Salisbury Road, Lexington, NC 27295

Phone(s): (336) 956-1132

Liberty Wood Nursing Center -

1028 Blair St., Thomasville, NC 27360

Phone: (336) 472-7771

Brian Center Nursing Care

279 Brian Center Dr., Lexington, NC 27292

Phone: (336) 249-7521

Pine Rine Health and Rehab of Davidson

(Alzheimer's Unit)

706 Pineywood Rd., Thomasville, NC 27360

Phone: (336) 475-8425

Lexington Health Care Center (RH)

17 Cornelia Dr., Lexington, NC 27292

Phone: (336) 242-1349

TDD Line: (336) 242-1488

Mountain Vista Health Park (RH)

106 Mountain Vista Rd., PO Box 1547, Denton, NC 27239

Phone: (336) 859-2181

Piedmont Crossing (RH)

100 Hedrick Dr., Thomasville, NC 27360

Phone: (336) 472-2017

Long-Term Care Ombudsman

2216 W. Meadowview Rd., Greensboro, NC

Phone: (336) 294-4950

Works with consumers, concerned citizens, nursing & rest homes, & public agencies to enhance the quality of care & life of residents in long-term care facilities.

MEALS

Davidson County Department of Senior Services

Home Delivered Meals

211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2757

Office Hours: M-F, 8am-5pm

Provide nutritious meals to homebound senior citizens (60 years old or older), who live within Davidson County and are unable to prepare or obtain and adequate and complete noon-time meal. There are 17 delivery routes. Meals are delivered by local volunteers Monday - Friday, but not on holidays or during inclement weather. Volunteers provide a daily check and brief friendly visit.

Fees: No fees charged.

Eligibility: Must be 60+ years, live within our serving area, have inability to obtain or prepare nutritious meals, and be homebound.

Intake procedure: Call Sabrina Orman or Ron Bellini

Service Area: Davidson County rural communities

Nutrition Sites

211 West Colonial Drive

Thomasville, NC 27360

Phone: (336) 474-2757

Eligibility: Must be 60+ and a resident of Davidson County

Service Area: Have 5 sites in the county (Lexington, Thomasville, Denton, Southmont and Welcome).

Meals on Wheels of Lexington

104 E. Center Street, Lexington, NC 27292

Phone: (336) 248-4934

Contact: Bob Husted

Eligibility: Must live within the city limits of Lexington. Contact Bob Husted for more information.

Meals on Wheels of Thomasville

PO Box 1821, Thomasville, NC 27360

Phone: (336) 472-7532

Delivers one meal a day Mon-Fri.

Fee: None

Eligibility: Have to be homebound with no one to prepare a meal. Call to discuss eligibility.

Service Area: 5 routes from Thomasville Medical Center and 1 from Piedmont Crossing. Must live within an hour's drive from departure sites.

MEDICAL SUPPLIES

(Rent and sell)

Advanced Services

713 N. Main St. High Point NC 27262

Phone: 1-800-868-8822

207-F S Westgate Dr., Greensboro, NC 27407

Phone: 1-800-868-8822

495K Arbor Hill Rd., Kernersville, NC 28274

Phone: (336) 996-8822

American HomePatient Inc.

1209 N Fayetteville St. Asheboro NC 27203

Phone(s): 1-800-682-8351 or (336) 625-1010

American Legion

Phone: (336) 249-1437

Can provide crutches, wheelchairs, and walkers.

Apria Health Care

3187 Peters Creek Pkwy, Suite B, Winston-Salem, NC 27127

Phone: (336) 771-8347

Area Pharmacies (in phone book)

Avery Medical Inc.

2515 Countryview Dr Lexington, NC 27292

Phone: 1-800-356-7969; (336) 744-6219

Family Medical Supplies

218 Anna Lewis Dr., Lexington, NC 27292

Phone: (336) 248-3700

Holladay Surgical Supply

555-B West Center Street Ext., Lexington, NC 27292 **Phone: (336) 242-2290**

Tyro United Methodist Church

4484 S NC Hwy 150, Lexington, NC 27292

Phone: (336) 853-7459

Loan Closet

MENTAL HEALTH

Cardinal Innovations

Cabarrus-Davidson-Rowan-Stanly-Union

Phone(s): 1-800-939-5911 for 24-hour-7 day a week services.

Carolina Counseling

16 E. Center Street, Lexington, NC 27292

Phone: (336) 300-7614

DayMark Recovery Services

220 East 1st Avenue Extension, Suite 10
Lexington, NC 27292

Office Hours: M-F 8am-8pm

Phone: (336) 242-2450

Family Services of Davidson County

Phone: (336) 249-0237

Family Services of Davidson County

1303 Greensboro Street Ext. Lexington, NC 27292

Phone: (336) 249-0237

Monarch Behavioral Service, Inc.

820 Grimes Blvd., Lexington, NC 27292

Phone: (336) 224-6071

Provides support and services to people with developmental disabilities, mental illness, substance abuse and co-occurring disabilities. Provides support to individuals with mental health, substance abuse, and/or developmental disability needs.

PARKS & RECREATION

Lexington: 512 S. Hargrave, Lexington, NC

Phone: (336)248-3960

Thomasville: 1 East Main St., Thomasville, NC 27360

Phone: (336)475-4280

Davidson County: 555-D W. Center St. Ext., Lexington NC 27292

Phone: (336)242-2285.

Activities. Helps coordinate Senior Games.

Denton:

201 W. Salisbury Street, Denton NC 27239

Phone: (336) 859-4231

PREGNANCY

Alpha Pregnancy Support, Inc.

19-B E. 2nd Avenue
Lexington, NC 27293-1385

Phone: (336) 272-1218

Office Hours: M-F 9am-4pm

Free pregnancy tests, counseling services, support services (clothing, cribs, etc.), referrals for adoption services, supply information regarding pregnancy, abortion, adoption, pre-natal, postnatal and AIDS. Mom's support classes, abstinence education and biblical counseling. All services free and confidential.

Florence Crittenden Services

300 Blyth Blvd., Charlotte, NC 28236

Phone: 1-800-448-0024

Infertility Clinics

UNC School of Medicine-Chapel-Hill

Phone: 1-800-872-1931

Wake Forest Baptist Health

Phone: (336) 716-2011

SENIOR SERVICES OF DAVIDSON COUNTY

555 West Center Street Ext., Lexington, NC 27292

Phone: (336)242-2290

211 W. Colonial Dr., Thomasville, NC 27360

Phone: (336)474-2754

Lead Agency for Services for Seniors in Davidson County, home delivered meals, congregate nutrition sites, CAP/DA, in-home aides, care management, information & case assistance, senior games, Family Support Group, monthly senior publication, general advocacy for seniors, educational & social programming.

SOCIAL SECURITY

Phone: 1-800-772-1213

www.socialsecurity.gov

Salisbury

1840 Jane Alexander Blvd. Salisbury, NC 28146

Phone: 1-877-405-3157

Winston-Salem

5205 University Pkwy Winston- Salem, NC 27106

Phone: (336) 767-3736

Greensboro

6005 Landmark Center Blvd, Greensboro, NC 27407

Phone: (336) 854-1809

SOCIAL SERVICES (DSS)

913 N.Greensboro Street

Lexington, NC 27292

Phone: (336) 242-2500

211 West Colonial Drive

Thomasville, NC 27360

Phone: (336) 474-2760

Office Hours: M-F, 8am-5pm excluding Holidays

Provides opportunities which assure personal dignity and self-sufficiency for all citizens. Assists individuals and families in reaching these goals through economic support programs which ensure that food, shelter, medical care and other basic needs are met. Social work services promote self-determination, enhance family functioning and protect children and disabled adults from abuse, neglect and exploitation. Advocates for services which improve the quality of life for individuals and families, affirm each individual's worth, and encourage personal responsibility in decision making.

Emergency assistance: rent, medicine, utilities, heating, etc.; Eye certifications.

Adoption and Foster Care: Assists with adoption; becoming foster care parents;

Adult: Rest home/ nursing home inquiries/ placement. In-home aides; ADULT PROTECTIVE SERVICES; Medical Transportation; Services for the Blind; **Child Support Enforcement:**

Children's Protective Services;

Food Stamp Program; Information & Referral;

Medicaid Program; Subsidized Child Care;

Work First Employment; Work First Family

Assistance (WFFA): assistance for families and children.

SUPPORT GROUPS

Alcoholics Anonymous - (336) 249-8824

Alzheimer's - Senior Services (336) 242-2290

Bereavement/Grief Support Group

(336) 475-5444, 1-800-768-4677

Cancer: (336) 249-7265

Caregiver: Senior Services (336) 242-2290

Sexual Assault Response Program

Phone: 1-800-QUIT-NOW (1-800-784-8669)

TRANSPORTATION

Davidson County Transportation Services

**Phone(s): (336) 242-2000-Lexington;
(336) 474-2648-Thomasville**

Provides transportation to doctor's appointments, grocery, drug store & others for elderly & other agency specified clients.

Social Services - Medical Transportation:

Phone: (336) 242-2500-Lexington and Thomasville

Some eligibility requirements.

Express Taxi:

Phone: (336) 472-5553-Thomasville

PART-Piedmont Authority for Regional Transportation

Phone: (336) 883-PART (7278)

Express Buses and Shuttles

Providence Transportation

Phone: (336) 472-7433

Providence Transportation

Phone: (336) 472-7433

UNITED WAY OF DAVIDSON COUNTY

11 Court Square, Lexington, NC 27292

Phone: (336) 249-2532

Office Hours: M-F, 8:30am-5pm

United Way provides support to 31 member agency programs in Davidson County. This support includes financial support (through annual campaign drive); start-up assistance through venture grants; volunteer recruitment through volunteer center functions; and management/financial consultant assistance if requested.

NC 2-1-1

www.nc211.org or

www.unitedwaync.org/nc211

Phone(s): 211 or 1-888-892-1162

Find community health and human service resources in your community. Free and confidential and available in any language 24 hours a day, 365 days a year.

VETERAN ORGANIZATIONS

American Legion

100 Wilfred Ave Lexington, NC 27292

Phone: (336) 249-1437

Donations to veterans in distress; limited medical equipment loan closet.

Veteran's Benefits 1-800-827-1000

Veteran's Outreach Program

223 S. Brevard St, Charlotte NC 28202

Phone: (704) 333-6107

Counseling for veterans & family.

Veteran's Services Office

913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2037

Denton Office- 310 W. Salisbury St.

Phone: (336) 242-2037, First & Third

Wednesday- 1:30-4:30 PM;

Thomasville Office- 211 W. Colonial Dr.

Phone: (336) 474-2677

WORKSHOP OF DAVIDSON

275 Monroe Rd, Lexington, NC 27292

Phone: (336) 248-2816

www.workshopofdavidson.org

Providers of vocational and life skills programs for adults with intellectual and developmental disabilities since 1964

Vocational Rehab

414 Piedmont Drive, Lexington, NC 27292

Phone: (336) 249-0241

YMCA

J Smith Young YMCA:

119 West Third Avenue

Lexington, NC 27292

Phone: (336) 249-2177

Office Hours: M-F, 5:30am-10pm; Sat, 8:30am-6pm; Sun, 1:30pm-6pm

Tom A Finch Community YMCA:

1010 Mendenhall Street

Thomasville, NC 27360

Phone: (336) 475-6125

Office Hours: M-Th, 5:45am-9:30pm; F, 5:45am-7pm; Sat, 9am-6pm; Sun, 2pm-6pm

Offers a Wellness Center for members, floor aerobics classes, yoga classes, and water exercise classes. Provide afterschool care and childcare drop-off for workouts. Meeting room facilities are available to members and the public for social gatherings.

800 & Other Numbers

Alcohol and Drug Helpline – 803-313-3700
Allergies/Asthma - 800-222-LUNG; 800-727-8462
Alliance for the Mentally Ill – 800-451-9682
American Diabetes Association-
www.diabetes.org - 800-342-2383
American Foundation for the Blind - 800-232-5463
American Heart Association, American Stroke Association –800-284-6601
American Kidney Fund – 800-638-8299
American Liver Foundation - 800-223-2732
Arthritis Foundation - 800-883-8806
Bureau of Alcohol, Tobacco & Firearms - 800-283-4867
Carolina's Poison Center - 800-222-1222 - Charlotte
Center for Missing Persons-NC - 800-522-5437
Child Find Hotline - 800-426-5678
Child Help (crisis counseling for abused children & abused adults) 800-422-4453
Crime Stoppers – (336) 243-2400
Cystic Fibrosis Foundation - 800-344-4823
Department of Housing & Urban Development (HUD) –800-669-9777
DHHS CARELINE-1-800-662-7030 (English/Spanish) and 1-877-452-2514 (TTY)
Disability Hotline of NC - 800-638-6810
Down's Syndrome Society –800-221-4602
www.ndss.org or info@ndss.org
Drug Abuse Hotline - 800-662-4357
DNA Testing-1-800-362-2367
Duke Regional Poison Control Center – 800-848-6946; 1-800-DNA-CENTER
Easter Seal Society of NC -800-662-7119
Eldercare Locator – 800-677-1116 nationwide contacts for services for seniors
Eli Lilly Indigent Patient Program – www.lilly.com - 800-545-6962
Epilepsy Association of NC - 800-451-0694
Epilepsy Information - 800-642-0500
Headaches - 800-843-2256
Home Health Complaint Hotline (NC) 800-624-3004
Insurance, Health for NC's underinsured children: 800-742-KIDS
Internal Revenue Service - 800-829-1040
Juvenile Diabetes Foundation - 800-533-2873
Lawyer's Referral Service of NC – 800-662-7660
Leukemia Society - 800-888-9934
Lupus Foundation – 877-849-8271
www.lupusnc.org

Medicaid Information - 800-662-7030
Medicare -

Complaints about Care - 800-624-3004
Complaints on Medicare Supplement or General Information - 800-443-9354
Telephone Hotline - 800-MEDICARE
www.medicare.gov

Multiple Sclerosis - 800-344-4867; 800-477-2955

National Center for Sight - 800-221-3004
National Eye Care Project Helpline - Provides referrals for free eye exams for people 65 & older on limited incomes who do not have access to an ophthalmologist they have seen in the past 800-222-3937

National Parkinson's Foundation - 800-327-4545

National Runaway Switchboard - 800-621-4000

National Stroke Association - 800-787-6537

NC 2-1-1 -211 or 1-888-892-1162

www.nc211.org or www.unitedwaync.org/nc211

NC Client Assistance Program Information about rehabilitation programs in NC 800-215-7227

NC Lions Foundation - 800-662-7401

NC Medical Board 800-253-9653

NC Board of Physical Therapy- 800-800-8982

NC Travel & Tourism Information -

800-847-4862 or 800-VISIT-NC

NC Wildlife (Violations) - 800-662-7137

Prescription Medication Assistance:

www.needymeds.com ;

www.myrxadvocate.com – 877-331-0362

www.prescriptionassistance360.org -

888-331-1002

Other Resources - Locally

Partnership for Prescription Assistance

Phone: 1-800-477-3669

Your church, your bank, your physician, your attorney, your pharmacist, your phone book, your police department, your newspaper, your hospital, and your neighbors are also excellent resources!

We hope you will find these sources helpful. This listing is not intended to be a complete listing of all the services available in and for Davidson County.

Also, if this information has been confusing and you are not sure where to turn, call Davidson County Health Department (DCHD) at (336) 242-2880.

Revised JANUARY 2016 DCHD

If you have any corrections or additions, call
DCHD Health Education at (336) 242-2880.